

Do not accept if seal is broken.

Product No. 6505

Store between 59°-86° F.

Keep out of the reach of children.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot No:

10H608A
10/13

Best by:



B VITAMINS

HIGH POTENCY

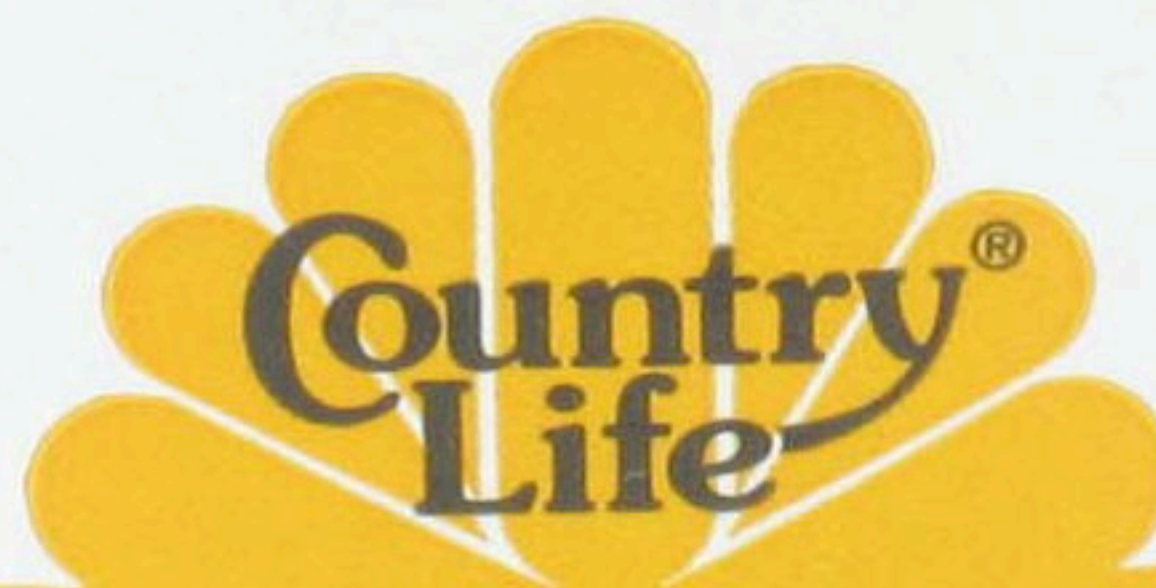
BIOTIN

5 mg

A vitamin supplement for
healthy hair, scalp and nails.*

60 Vegetarian Capsules

Dietary Supplement



Directions: Adults take one (1) capsule daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	5 mg	1,667%

Other Ingredients: Cellulose (capsule shell), silica.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.



American Vegetarian Association



Country Life

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