

Do not accept if seal is broken. Product No. 1609
Store between 59°-86° F. Keep out of the reach of children.
OptiZinc® brand zinc monomethionine. OptiZinc® is a
registered trademark of InterHealth N.I.

WARNING: If you are pregnant or nursing, taking medication or
planning a surgery, consult your doctor before using this
product. If any adverse reactions occur, stop taking the product
and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, or artificial color.
GDU - Gelatin Digestive Units

Country Life 101 Corporate Drive, Hauppauge, NY 11788
www.countrylifevitamins.com

Lot No:

11B646AA
03/14

Best by:

OptiZinc®



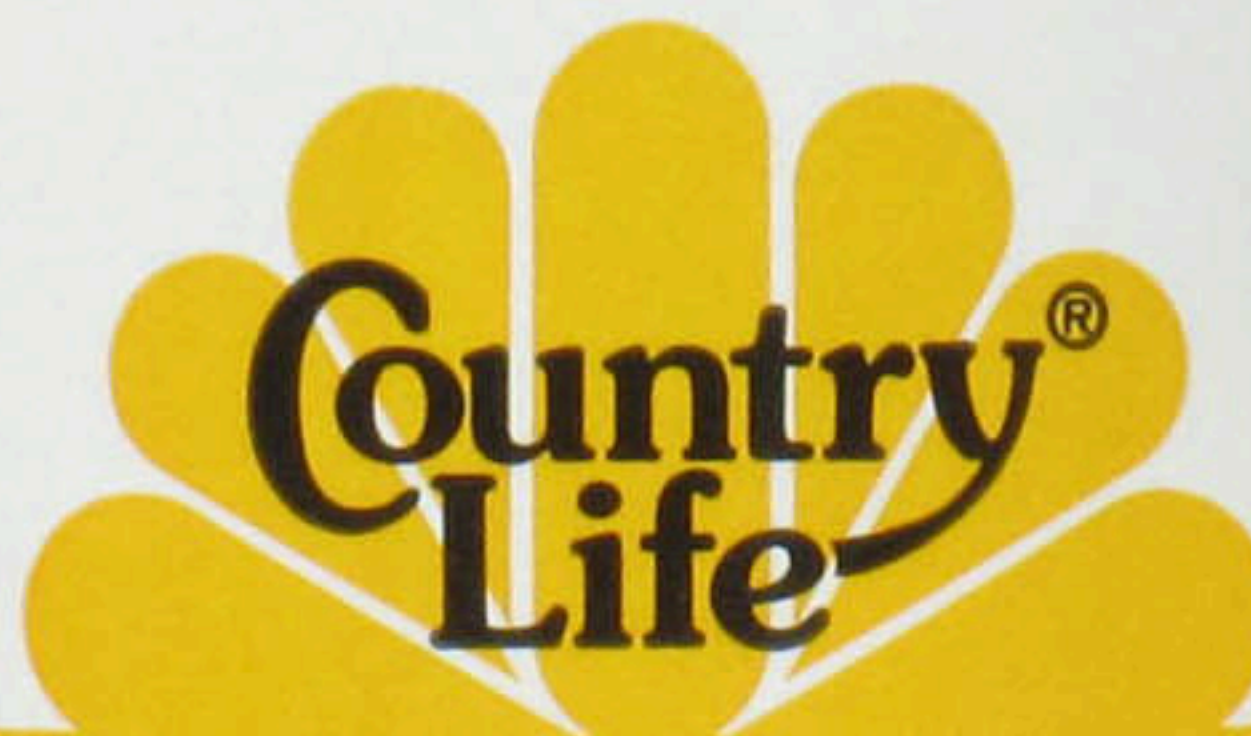
SPECIALTY SUPPLEMENTS

ALLER-MAX

A comprehensive formula with
Quercetin & NAC

50 Vegetarian Capsules

Dietary Supplement



Directions: Adults take two (2) capsules daily or as directed by a
health care professional. As a reminder, discuss the supplements
and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 25

Amount Per Serving	% Daily Value	
Vitamin A (as retinyl palmitate)	2,500 I.U.	50%
Vitamin C (as calcium ascorbate)	250 mg	417%
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2,000%
Zinc (as zinc monomethionine)	10 mg	67%
Quercetin (from <i>Sopohorae japonica linn</i>)(flower)	250 mg	*
N-Acetyl Cysteine	200 mg	*
L-Histidine (free form)	200 mg	*
Bromelain (2,000 GDU/g)(from pineapple)	100 mg	*
Stinging Nettle (leaf)	100 mg	*
Cayenne (fruit)	20 mg	*
Grape Seed Extract (95% polyphenols equal to 4.75 mg)	5 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium
stearate, silica.