

CAPSULE SIZE



Made in the USA

CODE 3557
V1

SUGGESTED USAGE: As a dietary supplement, take 1 capsule near bedtime with water.

Melatonin is a potent free radical scavenger naturally produced in the pineal gland and present in high amounts in the gastrointestinal tract. It is involved in many of the body, brain and glandular biological functions including regulation of normal sleep/wake cycles, regulation of the immune system and maintenance of a healthy gastrointestinal lining.*

Caution: For adults only. May cause drowsiness. Do not operate a vehicle or heavy machinery following consumption of melatonin. Consult physician if pregnant/nursing, taking medication (especially sedatives and anti-depressants), or have a medical condition (including depression, high blood pressure and epilepsy). Keep out of reach of children.



Extra Strength Melatonin

HEALTHY SLEEP CYCLE

10 mg

- Free Radical Scavenger
 - Gastrointestinal Support*
- ## 100 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Melatonin	10 mg*
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* Daily Value not established.

Other ingredients: Cellulose Powder, Cellulose (capsule) and Stearic Acid (vegetable source).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For more product information visit
www.nowfoods.com/3557

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.
NOW® Extra Strength Melatonin 10 mg has twice the Melatonin as in our 5 mg product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.