

DAILY
NUTRITION

MET-Rx® ACTIVE MAN MULTIVITAMIN

ACTIVE MAN IS DESIGNED FOR MEN OF ALL AGES WHO NEED A MULTIVITAMIN THAT WORKS JUST AS HARD AS THEY DO. ACTIVE MAN IS ENHANCED WITH KEY VITAMINS AND MINERALS NEEDED TO SUPPORT ENERGY METABOLISM AND NUTRIENT BREAKDOWN, TWO CRITICAL FACTORS FOR ATHLETIC PERFORMANCE AND RECOVERY.* EACH SERVING ALSO CONTAINS POTENT LEVELS OF ANTIOXIDANTS SUCH AS VITAMIN C, E AND SELENIUM.

Directions: For adult men, take two (2) tablets daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®
YOU CAN'T FAKE STRONG™

Manufactured in the USA by
MET-Rx Nutrition, Inc., Boca Raton, FL 33487 ©2014
Questions? Call toll free 1-800-55-MET-Rx
To learn more, please go to www.MET-Rx.com

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MET-Rx®

**ACTIVE
MAN**

» **MULTIVITAMIN SPECIALLY DESIGNED
FOR THE ATHLETIC MALE**

» **TIMED RELEASE HIGH POTENCY FORMULA**

90 TABLETS DIETARY SUPPLEMENT

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Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as D3 Cholecalciferol)	2,000 IU	500%
Vitamin E (as d-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phyltonadione)	80 mcg	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	60 mg	4,000%
Riboflavin (Vitamin B-2)	60 mg	3,529%
Niacin (as Niacinamide)	60 mg	300%
Vitamin B-6 (as Pyridoxine Hydrochloride)	60 mg	3,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1,667%
Biotin	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	60 mg	600%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	296 mg	30%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Piccolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Chloride)	100 mg	3%
Choline Bitartrate	10 mg	**
Inositol	10 mg	**
Boron (as Sodium Tetraborate)	2 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**
Silica	4 mg	**
Special Sport Blend	150 mg	**
L-Glutamine, L-Cysteine, Taurine, N-Acetyl-L-Carnitine HCL, L-Arginine HCL, L-Carnitine Fumarate		
BCAA Blend - L-Valine, L-Leucine, L-Isoleucine	200 mg	**
Creatine Amplifier Blend - Glycocyamine, Glycine Powder, L-Methionine	200 mg	**
Herbal Blend	50 mg	**
Ginkgo Biloba (Ginkgo biloba) (leaf), Cayenne Pepper (Capsicum spp.) (fruit), Green Tea (Camellia sinensis) (leaf), Spirulina, Phosphatidylserine		
Antioxidant Blend	50 mg	**
Citrus Bioflavonoid Complex (Citrus limon) (peel), Grape Seed Extract (Vitis vinifera), Bilberry Extract (Vaccinium myrtillus) (fruit), Alpha Lipoic Acid, Coenzyme Q-10, Lutein		
Bioactive Blend	50 mg	**
Flax (Linum usitatissimum) (seed), Saw Palmetto Extract (Serenoa repens) (fruit), Oyster Extract, Pumpkin Seed (Cucurbita pepo), Lycopene		

**Daily Value not established.

Other Ingredients: Hypromellose, Contains <2% of: Calcium Silicate, Cellulose Coating, Cellulose (Plant Origin), Mannitol, Natural Palm Leaf Glaze, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains milk and soy ingredients.