



advanced
sleep
support

specialty
60 veggie capsules
dietary supplement

relaxation[✓]
sleep[✓]

gluten
free

soy
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Veggie Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Hops (<i>Humulus lupulus</i>)(flower)	150 mg	*
Passion Flower (<i>Passiflora incarnata</i>)	150 mg	*
Valerian (<i>Valeriana officinalis</i>)(root)	150 mg	*
L-Theanine	100 mg	*
Gamma-aminobutyric acid (GABA)	100 mg	*
5-Hydroxytryptophan (5-HTP)	50 mg	*
Melatonin	1.5 mg	*

* Daily Value not established.

Other ingredients: Dicalcium phosphate, cellulose, magnesium stearate.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) veggie capsules daily prior to bedtime.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions. Not for use with alcohol or when operating a vehicle or heavy machinery.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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