

Do not accept if seal is broken. Product No. 2971
Store between 59°-86° F.
Keep out of the reach of children.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight.



02A10L

Lot No:

10A997A
01/12

Best by:



MINERALS

TARGET-MINS™

CALCIUM- MAGNESIUM

Complex

with Vitamin D₃

1000 mg - 500 mg - 400 I.U.

(in two convenient tablets)

90 Tablets

Dietary Supplement



Country[®] Life

Directions: Adults take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 45

Amount Per Serving

% Daily Value

Vitamin D (D ₃)(as cholecalciferol)	400 I.U.	100%
Calcium (as calcium hydroxyapatite, <i>alpha</i> -ketoglutarate, aspartate, lysinate)†	1,000 mg (1 g)	100%
Phosphorus (from calcium hydroxyapatite)†	500 mg	50 %
Magnesium (as magnesium oxide, <i>alpha</i> -ketoglutarate, aspartate, citrate, taurinate)†	500 mg	126%

Other Ingredients: Cellulose, cellulose & glycerin coating, magnesium stearate, stearic acid, silica, vegetable glaze.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, or preservatives.

Country Life

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