

CODE 328611

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men®

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Proprietary Amino Acid Blend	100 mg *
L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	
Superfoods Fruit and Vegetable Blend	105 mg *
Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract,	
Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pumace Powder,	
Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder,	
Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder	
alpha-Lipoic Acid	25 mg *
Green Tea Leaf Extract (Camellia sinensis)	40 mg *
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *

Amount Per Serving	% Daily Value
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutein	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

Conforms to USP <2091> for weight.

Double Strength Fish Oil

Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
EPA (Eicosapentaenoic Acid)(Omega-3)	360 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	240 mg *

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Natural Lemon Flavor, Vitamin E, Rosemary Leaves Extract (*Rosmarinus Officinalis*).

Potency verified by GNC procedure #5123.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury, cadmium, lead and PCBs.

MegaNatural®-BP™

Supplement Facts

Serving Size One Brown Capsule

Amount Per Serving	
MegaNatural®-BP™ Grape Seed Extract (<i>Vitis vinifera</i>)	300 mg *

* Daily Value not established.

Other Ingredients: Cellulose, Gelatin.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

CardioAid™ Phytosterols

Supplement Facts

Serving Size One White Caplet

Amount Per Serving	
CardioAid™ Phytosterols	800 mg *

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

Lutemax™ 2020

LUTEIN & ZEAXANTHIN

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CardioAid™

plant sterols

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For more information: 1-888-462-2548

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GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

Coenzyme Q-10

Supplement Facts

Serving Size One Green Softgel Capsule

Amount Per Serving	
Coenzyme Q-10 (Natural)	100 mg *

* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener).

Potencies verified by GNC procedure #5012. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

Niacinamide

Supplement Facts

Serving Size One Round White Tablet

Amount Per Serving	
Niacin (as Niacinamide)	100 mg 500%

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose, Whole Brown Rice (*Oryza sativa*).

Potencies verified by GNC procedure #5103. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

WARNING: Niacin may cause a temporary flushing reaction. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

ACTUAL SIZE

No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

100 mg of CoQ-10



MEGA MEN® Heart

Dietary Supplement

VITAPAK® PROGRAM FOR COMPLETE CARDIO PROTECTION

- Clinically studied multivitamin^ with 1,600 IU of vitamin D-3
- Lowers LDL (bad) cholesterol with phytosterols*
- Helps maintain normal, healthy blood pressure levels*
- Supports blood vessel function and healthy lipid profile with CoQ-10 and niacin*



30 PACKS

CLINICALLY STUDIED^



Dr. Frank J. Costa, M.D., an internationally acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

"If heart health is a concern, I recommend the Mega Men® Heart Vitapak® Program. It's the first of its kind to include both a premium men's multivitamin and balanced heart support, with ingredients shown to lower cholesterol and support healthy blood pressure."

MEGA MEN® HEART

GNC Mega Men® Heart Vitapak® Program conveniently combines nutrients that support a man's overall nutritional needs with focused ingredients to promote heart health and that may reduce the risk of heart disease.*

- **Mega Men®** – Our premium timed-release, clinically studied* formula includes vitamins and minerals to supplement key nutrients that may be missing in your daily diet. Mega Men® contains 1,600 IU of vitamin D-3 for colon health and immune support, as well as B-vitamins that are important for cardiovascular health and energy production.* It is enhanced with a broad spectrum of cell-protecting antioxidant nutrients that also support immune health.*
- **MegaNatural®-BP™** – Clinically shown to help maintain normal, healthy blood pressure levels already within the normal range.* MegaNatural®-BP™ is a superior form of grape seed extract that contains compounds to support a healthy heart.*
- **CardioAid™ Phytosterols** – Natural compounds found in fruits, vegetables and whole grains that help block cholesterol absorption.* Phytosterols are clinically shown to reduce cholesterol levels and may reduce the risk of heart disease.* Each daily serving provides the clinically studied dose of 800 mg of CardioAid™ Phytosterols.*
- **Double Strength Fish Oil** – Features 600 mg of omega-3 fatty acids, 360 mg of EPA and 240 mg of DHA. The omega-3 fatty acids found in fish oil are necessary for heart, joint and eye health.* They help maintain healthy cholesterol levels and are necessary in the maintenance of normal blood pressure.*
- **Coenzyme Q-10** – A heart healthy antioxidant that supports heart and blood vessel function.* Levels diminish with age and when taking certain medications.
- **Niacinamide** – Provides dietary support for a healthy blood lipid profile and plays an important function in energy metabolism.*

*Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol may reduce the risk of heart disease. Each daily serving supplies 800 mg of CardioAid™ phytosterols.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**