

Do not accept if seal is broken.
Product No. 2487
Store between 59°-86° F.
Keep out of the reach of children.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight

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Lot No: **10J633B**
11/13

Best by:



MINERALS

TARGET-MINS™

CALCIUM- MAGNESIUM

with Vitamin D Complex

120 Vegetarian Capsules

Dietary Supplement



Country Life®

Directions: Adults take four (4) capsules daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as ergocalciferol)	400 I.U.	100%
Calcium (as calcium hydroxyapatite, citrate, 1,000 mg <i>alpha</i> -ketoglutarate, aspartate, lysinate)†		100%
Phosphorus (as calcium hydroxyapatite)†	500 mg	50%
Magnesium (as magnesium oxide, 500 mg aspartate, <i>alpha</i> -ketoglutarate, citrate, taurinate)†		125%

Other Ingredients: Stearic acid, cellulose (capsule shell), cellulose.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Wheat, soy, gluten, milk, preservatives or artificial color.



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