



snooze-in with melatonin

specialty
240 capsules
dietary supplement

sleep^v
relaxation^v

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Calcium (as calcium carbonate)	40 mg	4%
Magnesium (as magnesium oxide)	30 mg	8%
L-Taurine	50 mg	*
Melatonin	3 mg	*
Valerian (<i>Valeriana officinalis</i>)(root)	100 mg	*
Hops (<i>Humulus lupulus</i>)(flower)	75 mg	*
Scullcap (<i>Scutellaria lateriflora</i>)(herb)	75 mg	*
Chamomile (<i>Matricaria chamomilla</i>)(flower)	75 mg	*
Passion Flower (<i>Passiflora incarnata</i>)(flower)	50 mg	*

* Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take one (1) capsule one hour prior to bedtime.

WARNING: Consult your physician prior to use if you are pregnant, nursing or being treated for depression. Do not drive or operate heavy machinery while using this product. Not intended for children under 12.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



D O 7 66536 02991 4 1 Item No.
VS-2991
1967512