

Do not accept if seal is broken. Product No. 2491  
Store between 59°-86° F. Keep out of the reach of children.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

† Country Life always labels minerals in elemental weight.

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Wheat, soy, gluten, milk, preservatives or artificial color.

Lot No: **11G860A**  
**08/14**

Best by:

08M11L



**MINERALS**  
**TARGET-MINS™**  
**CALCIUM**  
**MAGNESIUM**  
**ZINC**  
**Gluten-Free**  
**Dietary Supplement**  
**180 Tablets**



**Directions:** Adults take three (3) tablets daily. For best utilization, take with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

**Supplement Facts**

**Serving Size** 3 tablets

**Servings Per Container** 60

| Amount Per Serving                                                                              |                | % Daily Value |
|-------------------------------------------------------------------------------------------------|----------------|---------------|
| Vitamin D (as ergocalciferol)                                                                   | 200 I.U.       | 50%           |
| Calcium (as calcium hydroxyapatite, citrate, aspartate, <i>alpha</i> -ketoglutarate, lysinate)† | 1,000 mg (1 g) | 100%          |
| Phosphorus (as calcium hydroxyapatite)†                                                         | 500 mg         | 50%           |
| Magnesium (as magnesium aspartate, oxide, citrate, taurinate, <i>alpha</i> -ketoglutarate)†     | 500 mg         | 125%          |
| Zinc (as zinc citrate, histidinate, picolinate, <i>alpha</i> -ketoglutarate, aspartate)†        | 25 mg          | 167%          |

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, silica, vegetable glaze.



This product has been manufactured at an NSF GMP Registered facility.

**Manufactured by Country Life, LLC**  
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