

Do not accept if seal is broken. Product No. 2470
Store between 59°-86° F. Keep out of the reach of children.

Calcium and boron support bone health.**

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight.

Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Country Life

101 Corporate Drive
Hauppauge, NY 11788
www.countrylifevitamins.com

Lot No:

11G801A
08/14

Best by:



MINERALS

TARGET-MINS™

CALCIUM CAPS

WITH BORON

90 Vegetarian Capsules

Dietary Supplement



Country Life®

Directions: Adults take four (4) capsules. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 capsules

Servings Per Container 22

Amount Per Serving

% Daily Value

Calcium (as calcium aspartate, citrate, carbonate, lysinate, <i>alpha</i> -ketoglutarate)†	1,000 mg (1 g)	100%
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Boron (as boron citrate, aspartate, picolinate, <i>alpha</i> -ketoglutarate)†	4 mg	*
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* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

