

Do not accept if seal is broken.

Product No. 2486

Store between 59°-86° F.

Keep out of the reach of children.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot No:

**10K713A**

**11/13**

Best by:

Country Life

101 Corporate Drive, Hauppauge, NY 11788

www.countrylifevitamins.com



## MINERALS

TARGET-MINS™

# CALCIUM- MAGNESIUM POTASSIUM

A scientific formulation of minerals that may support cardiovascular health\*

**180 Tablets**

**Dietary Supplement**



**Country Life®**

**Directions:** Adults take two (2) tablets daily. For best utilization, take with food at bedtime and after exercise. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 2 tablets

Servings Per Container 90

| Amount Per Serving                                                                              | % Daily Value |      |
|-------------------------------------------------------------------------------------------------|---------------|------|
| Calcium (as calcium hydroxyapatite, citrate, <i>alpha</i> -ketoglutarate, aspartate, lysinate)† | 500 mg        | 50%  |
| Phosphorus (as calcium hydroxyapatite)†                                                         | 250 mg        | 25%  |
| Magnesium (as magnesium oxide, citrate, <i>alpha</i> -ketoglutarate, aspartate, taurinate)†     | 500 mg        | 125% |
| Potassium (as potassium citrate, <i>alpha</i> -ketoglutarate, aspartate)†                       | 99 mg         | 3%   |

Other Ingredients: Cellulose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica, vegetable glaze.

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

**NO:** Yeast, wheat, soy, gluten, milk, sugar, starch, preservatives or artificial color.

