

Beau-T™ Hair, Skin & Nails*

- Supports healthy hair, skin and nails*
- Supports the body's ability to rejuvenate skin*
- Supports balance of hair growth*

For life's change of seasons, there's LifeSeasons®.

Every new season brings change. It's the cycle of life that renews and energizes. LifeSeasons® offers a brand of supplements designed to support both your daily nutritional needs plus specific health concerns.



LOT 0807337
EXP 08/2016

**This
Best in Class
formulation is rich in
vitamins, minerals, and
other key nutrients to support
healthy hair, skin, and nails***

Biotin - Supports cell growth and aids in strengthening hair and nails*

Collagen - Structural protein that supports skin and fingernail quality*

MSM - Sulfur has been called nature's "beauty mineral" because it is needed to keep the hair glossy and smooth and keeps the complexion clear and youthful*

Horsetail - Contains high levels of silica, which aids in the healing of skin*

Turmeric - Recent studies have shown that turmeric can assist the body in eliminating facial hair*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Rev. 2



Beau-T™ Hair, Skin & Nails*

Biotin
Collagen
MSM
Horsetail
Turmeric

Dietary Supplement 90 Vegicaps®

Suggested Use: Take 3 Vegicaps® daily preferably with food.

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

Amount per serving	% Daily Value
Biotin Pure®	6 mg 2000%
Zinc (Citrate 32%)	15 mg 100%
Chromium (Niacinate)	500 mcg 417%
Selenium (Selenomethionine)	200 mcg 286%
MSM	300 mg †
Collagen Type II	100 mg †
L-Methionine	50 mg †
L-Cysteine	50 mg †
Taurine	30 mg †
Histidine	10 mg †
Kelp (Atlantic) (0.4% Iodine)	10 mg †
Silicon (Horsetail Extract 7%) (Equisetum arvense) (Herb)	7 mg †
Saw Palmetto Extract (45% Euormed) (berry)	140 mg †
Milk Thistle Extract (Silybum marianum) (Seed) 80% Silymarin	50 mg †
Flax Seed Powder	75 mg †
Oat Bran (Avena sativa) (hull)	75 mg †
White Tea 60% catechins	15 mg †
Turmeric Extract (root) (95% Curcumin)	25 mg †
Nettle Root Extract 4:1 (Urtica dioica) (root)	25 mg †
Nettle Powder (leaf)	25 mg †
Red Clover (Trifolium pratense) (blossoms)	25 mg †

† Daily Value not established.
Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Vegetable cellulose and rice bran.
DOES NOT CONTAIN artificial colors, gluten, preservatives, yeast, wheat, soy, corn and milk.

GLUTEN FREE
NO MAGNESIUM STEARATE

DO NOT TAKE WITHOUT FIRST CONSULTING
YOUR HEALTH CARE PROVIDER.

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