

**Daily Omega Complex**  
Omegas 3 & 7

- Helps promote a healthy inflammation response\*
- Supports memory and cognitive function\*
- Supports healthy cardiovascular function\*
- Promotes healthy skin, hair and nails\*
- EPA & DHA provide essential fatty acids not found in the average diet\*

**For life's change of seasons, there's LifeSeasons™.**

Every new season brings change. It's the cycle of life that renews and energizes. Yet as you age, poor diet, environmental toxins, lack of exercise or personal stress can challenge your good health. LifeSeasons offers a line of supplements designed to support both your daily nutritional needs plus specific health concerns.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This *Best in Class* formulation combines three of the most powerful Omega-rich oils:

**EPAX® Omega 3 fish oil** — Molecurarly distilled source of Omega 3's (EPA and DHA) with natural triglycerides\*

**Antarctic krill oil (Superba™)** — Source of Omega 3's combined with the powerful antioxidants Vitamin A and E\*

**Sea buckthorn fruit oil** — Contains over 190 bioactive compounds, and is a rich source of Omegas 3 and 9 plus Omega 7, an essential fatty acid vital to collagen production and healthy skin, hair and nails\*



Rev. 4



**Daily Omega Complex**  
Omegas 3 & 7

**EPAX® Omega 3 fish oil**  
**Antarctic krill oil Superba™**  
**Sea buckthorn fruit oil**

Dietary Supplement 60 Softgels

Suggested Use: Take two softgels daily with food.

| Supplement Facts               |               |    |
|--------------------------------|---------------|----|
| Serving Size: 2 softgels daily |               |    |
| Servings per container: 30     |               |    |
| Amount per serving             | % Daily Value |    |
| Calories 18                    |               |    |
| Calories from fat 18           |               |    |
| Total fat                      | 2 g           | 3% |
| Saturated fat                  | 0.1 g         | 1% |
| Trans Fat                      | 0 g           | †  |
| EPAX® Omega 3 Fish Oil         | 1500 mg       | †  |
| Superba™ (antarctic krill oil) | 250 mg        | †  |
| Sea Buckthorn Fruit Oil        | 250 mg        | †  |
| Omega 3 EFA's:                 | 946 mg        | †  |
| EPA                            | 480 mg        | †  |
| DHA                            | 316 mg        | †  |
| Other Omega 3's                | 150 mg        | †  |
| Omega 7 (palmitoleic acid)     | 80 mg         | †  |
| † Daily Value not established. |               |    |

Other ingredients: Purified deep sea fish oil (from anchovies and sardines), gelatin, water, glycerin. DOES NOT CONTAIN artificial colors, preservatives, gluten, yeast, wheat, corn, nuts and milk.

DO NOT TAKE WITHOUT FIRST CONSULTING YOUR HEALTH CARE PROVIDER IF YOU ARE TAKING: blood-thinning medications or blood sugar lowering medications.

Manufactured for LifeSeasons™  
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