



SUGGESTED USAGE: Add 1 level scoop (34.5 g) daily to 8 oz. of cold water or milk, and blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAA's). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Made in the USA

CODE 2116B V2



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POWER SIZE

No Artificial Ingredients
Mixes Instantly • Microfiltered
With Branched Chain Amino Acids

Net Wt. 5 lbs. (2268 g)



Whey Protein Isolate

Toffee Caramel Fudge

Nutrition Facts

Serving Size 1 Level Scoop (34.5 g)
Servings Per Container about 66

Amount Per Serving	
Calories 130	Calories from Fat 10
% Daily Value*	
Total Fat 1 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 90 mg	4%
Potassium 230 mg	7%
Total Carbohydrate 4 g	1%
Dietary Fiber 0 g	0%
Sugars 2 g	
Protein 25 g	50%
Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000 Calories	2,500 Calories
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Microfiltered Whey Protein Isolate (including 8-lactoglobulin, α-lactalbumin, Immunoglobulins and Glycomacro Peptides), Natural Flavors, Creamer Powder, Organic Turbinado Sugar, BetterStevia™ [Organic Stevia Extract (Leaf)], Sea Salt, Xanthan Gum, Purified Stevia Extract (Leaf) and Soy Lecithin (< 1%).

Contains milk and soy.

Formulated & Distributed by NOW FOODS
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Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 34.5 g Serving
L-Isoleucine***	1490
L-Leucine***	2725
L-Lysine	2581
L-Methionine	450
L-Phenylalanine	686
L-Threonine	2105
L-Tryptophan	503
L-Valine***	1565
Non-Essential Amino Acids	
L-Alanine	1277
L-Arginine	474
L-Aspartic Acid	2703
L-Cysteine	556
L-Glutamic Acid	5139
Glycine	378
L-Histidine	348
L-Proline	1527
L-Serine	1309
L-Tyrosine	713

** subject to natural variability

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.