

## CAPSULE SIZE

Made in the USA



CODE 1443B

V4

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**Caution:** For adults only. Do not exceed recommended dosage unless directed by a physician. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Iron is an essential mineral that plays central roles in energy production, immune system function, and neurological health. Iron is an essential component of hemoglobin, a molecule that transports oxygen to the cells of the body, and myoglobin, which binds oxygen used in muscle tissues. NOW uses Ferrochel® Iron Bisglycinate, which has clinically demonstrated superior absorption and is well tolerated because it is gentle and non-constipating.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 capsule daily with a meal.



# Iron

**ESSENTIAL MINERAL**

## 18 mg

- Ferrochel® Iron Bisglycinate
- Gentle & Non-Constipating

## 120 Veg Capsules

A Dietary Supplement  
Vegetarian/Vegan



## Supplement Facts

Serving Size 1 Veg Capsule

|                                             | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------------|-----------------------|------------------|
| Iron<br>(from Ferrochel® Iron Bisglycinate) | 18 mg                 | 100%             |

Other ingredients: Rice Flour, Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

Manufactured by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
For more product information visit  
[www.nowfoods.com/1443](http://www.nowfoods.com/1443)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Ferrochel® is a registered trademark of Albion Laboratories, Inc.

**Natural color variations may occur in this product.**

**Do Not Eat Freshness Packet. Keep in Bottle.**

Store in a cool, dry place after opening. Please Recycle.