

SIX STAR® MUSCLE

Six Star® Muscle is a cutting-edge advanced line of supplements scientifically engineered to accelerate muscle growth, increase strength, get cut and enhance muscle performance. Each Six Star Muscle supplement is strategically formulated for bodybuilders using researched key ingredients to deliver dramatic results. Over 50 scientific studies support the effectiveness of the key ingredients found in Six Star Muscle supplements. Bottom line: Your muscles demand advanced supplements and that's exactly what Six Star® Muscle gives you – advanced formulas to deliver results.▲

SIX STAR® PROFESSIONAL STRENGTH MUSCLE BUILDING MILKSHAKE

Six Star® Professional Strength Muscle Building Milkshake is a scientifically engineered musclebuilding protein formula designed to dramatically increase muscle growth, amplify strength and accelerate muscle recovery. This ultra-potent protein formula is built with hyper-pure 100% whey protein and is infused with a mega-dose of cutting-edge musclebuilding ingredients for explosive gains in muscle size and strength. With a super-concentrated serving of 33 grams of musclebuilding protein packed into the best-tasting formula we've ever developed, every shake is guaranteed to be a moment of pure satisfaction.▲

To engineer a superior formula, the elite science team behind Six Star Muscle Building Milkshake reviewed countless gold-standard research studies to ensure that each serving would create the ultimate anabolic environment. †In one of these studies, subjects ingesting a key ingredient in Six Star Muscle Building Milkshake gained over 5 times the muscle than subjects using a placebo in 12 weeks (7.12 vs. 1.30 lbs.)! †And in a scientific study, another key ingredient in the Muscle Building Milkshake formula has also been scientifically shown to increase muscle protein synthesis by 68%.▲ Most importantly to your taste buds, Six Star® scientists worked side by side with industry-leading flavor experts to develop a formula that would taste just as good as your favorite milkshake. Bottom line: If it doesn't taste great, you're not going to drink it. Six Star® Muscle Building Milkshake is the last protein supplement you'll ever need.▲

BEST-TASTING!

**SIX STAR®
MUSCLE**

PROFESSIONAL STRENGTH MUSCLE BUILDING MILK SHAKE

BEST-TASTING MUSCLEBUILDING MILK PROTEIN FORMULA▲

Tastes Great! Mixes Instantly!
**RICH VANILLA
ICE CREAM MILKSHAKE**
Naturally & Artificially Flavored

• **SUPERIOR TO PREMIUM
MILK PROTEIN FORMULAS*†**

• **SCIENTIFICALLY SHOWN TO INCREASE
PROTEIN SYNTHESIS BY 68%▲,†**

• **PACKED WITH ULTRA-POTENT, ANABOLIC
INGREDIENTS – INCREASES MUSCLE
GROWTH, AMPLIFIES STRENGTH &
ACCELERATES RECOVERY▲**

Net Wt. 2.0 lbs. (907 g) DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 scoops (64 g)
Servings Per Container 14

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 280		Muscle Building Milkshake Proprietary Blend 9,086 mg	†
Calories from Fat 80		QuickBurn™	†
Total Fat 9 g	14%*	Sunflower oil	†
Saturated Fat 2.5 g	10%*	Canola oil	†
Cholesterol 75 mg	25%*	Borage oil (as <i>Borago officinalis</i> (seed)	†
Total Carbohydrates 16 g	5%*	Supplying 50% borage oil	†
Dietary Fiber <1 g	2%*	Medium chain triglycerides (MCTs)	†
Sugars 5 g	1%*	GrowthStim™	†
Protein 33 g	66%*	Creatine monohydrate	†
Vitamin A (as vitamin A palmitate) 1634 IU	33%*	L-glutamine	†
Vitamin C (as ascorbic acid) 20 mg	33%*	Taurine	†
Vitamin D (as cholecalciferol) 132 IU	33%*	L-arginine	†
Vitamin E (as d-alpha-tocopheryl acetate) 10.88 IU	36%*	Inositol	†
Vitamin K (as phytonadione) 10 mcg	13%*	American ginseng (as <i>Panax quinquefolius</i> (root)	†
Thiamin (as thiamin mononitrate) 1 mg	67%*	Alpha lipoic acid	†
Riboflavin 1 mg	59%*	L-methionine	†
Niacin (as niacinamide) 7 mg	35%*	L-phenylalanine	†
Vitamin B6 (as pyridoxine hydrochloride) 1 mg	50%*	L-leucine	†
Folic acid 132 mcg	33%*	L-histidine	†
Vitamin B12 (as cyanocobalamin) 2 mcg	33%*	L-threonine	†
Biotin 105 mcg	35%*	L-isoleucine	†
Pantothenic acid (as calcium d-pantothenate) 3 mg	30%*	L-valine	†
Calcium (as dicalcium phosphate and calcium carbonate) 620 mg	62%*	AnabolicStim™	†
Iron (as ferric orthophosphate) 8 mg	44%*	L-lysine HCl	†
Phosphorus (as dicalcium phosphate) 260 mg	52%*	L-ornithine alpha-ketoglutarate	†
Iodine (as potassium iodide) 53 mcg	25%*	Choline bitartrate	†
Magnesium (as magnesium oxide) 120 mg	30%*		
Zinc (as zinc oxide) 3.9 mg	26%*		
Selenium (L-selenomethionine) 10 mcg	14%*		
Copper (as copper sulfate) 1 mg	50%*		
Chromium (as chromium chloride) 104 mcg	87%*		
Sodium 100 mg	4%*		
Potassium 320 mg	9%*		

*Percent Daily Values are based on a 2,000 calorie diet

†Daily Value not established

OTHER INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN CONCENTRATE [PROVIDING DI-, TRI-, OLIGO- AND POLYPEPTIDES], PARTIALLY HYDROLYZED WHEY PROTEIN CONCENTRATE, CALCIUM AND SODIUM CASEINATE, HYPER-PURE WHEY PROTEIN ISOLATE [NON-EXCHANGED, 97% PURITY], WHEY PEPTIDES, MILK PROTEIN ISOLATE, MALTODEXTRIN, SUNFLOWER NUTRITIONAL SUPPLEMENT [CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO- AND DIGLYCERIDES, DIPOTASSIUM PHOSPHATE, TRICALCIUM PHOSPHATE, SOY LECITHIN, TOCOPHEROLS (AS PRESERVATIVES)], NATURAL AND ARTIFICIAL FLAVORS, GUAR GUM, CALCIUM SILICATE, ACESULFAME-POTASSIUM, SUCRALOSE. **CONTAINS MILK, SOY AND WHEAT INGREDIENTS.**

Directions: Add one serving (2 scoops) to 4 - 6 oz. of cold water and mix. For maximum gains in muscle take three times daily. On workout days, take 2 servings between meals and the other serving immediately after your workout. On non-workout days, take 1 serving right when you wake up in the morning and the other servings between meals. Do not exceed 3 servings (6 scoops) in a 24-hour period.

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Discontinue use and consult a medical doctor if you experience unusual symptoms. Do not use if you have had a myocardial infarction (heart attack), if you experience a skin rash or any other allergic reaction, discontinue use and consult a medical doctor. Inhalation may amplify the inflammatory airway response in people with asthma. Consume ten glasses of water daily to maintain an adequate state of hydration. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a medical doctor or poison control immediately. Take a few hours before or after other medications. Consult a medical doctor before use if you have been treated for or diagnosed with, or have a family history of any medical condition, or if you are using any prescription or over-the-counter drugs, including blood thinners. Consult a medical doctor before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if packaging has been tampered with. Store in a cool, dry place (60°F to 80°F). **KEEP OUT OF REACH OF CHILDREN.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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