### chia oil



Pure • Potent • Bioavailable
We are driven to deliver highly potent,
ultra-pure nutritional products with
uncompromised quality. Our premiumgrade liquid softgels are designed to
provide an ideal delivery vehicle for
maximum absorption and enhanced
bioavailability.

dietary

supplement

**Directions**: For adults, take one (1) softgel two times daily, preferably with a meal.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. Store at room temperature.

No artificial flavor or sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish. Sodium free.

Not suitable for vegetarians.

#### **Supplement Facts**

Serving Size: 1 Softgel Servings Per Container: 60

#### Amount Per Serving % Daily Value

Chia Oil (Salvia hispanica) (seed) 1,000mg \*
which typically contains:
Alpha Linolenic Acid 600mg \*
Linoleic Acid 150mg \*
Oleic Acid 50mg \*

\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

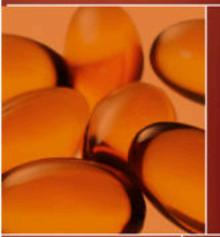


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## **newton**everett°

# flaxseed oil



Pure • Potent • Bioavailable

We are driven to deliver highly potent, ultra-pure nutritional products with uncompromised quality. Our premiumgrade liquid softgels are designed to provide an ideal delivery vehicle for maximum absorption and enhanced bioavailability.

1,200<sub>mg</sub>

dietary supplement **Directions**: For adults, take one (1) softgel two to three times daily, preferably with a meal.

Warning: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. KEEP OUT OF REACH OF CHILDREN. Store at room temperature.

No artificial color, flavor or sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish. Sodium free.

Not suitable for vegetarians.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

### **Supplement Facts**

Serving Size: 1 Softgel Servings Per Container: 60

Amount Per Serving	% Daily	Value
Calories	15	
Calories from Fat	10	
Total Fat	1g	2%*
Saturated Fat	0g	0%
Polyunsaturated Fat	<1g	**
Monounsaturated Fat	0ğ	**
Flaxseed Oil which typically contains:	1,200mg	**
Alpha-Linolenic Acid (Omega-3) 540mg		**
Linoleic Acid (Omega-6) 132mg		**
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\*%DV based on 2,000 calorie diet. \*\*DV not established.



Other Fatty Acids 60mg

Oleic Acid (Omega-9) 132mg

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