



# Mixed Tocopherols Vitamin E

**ANTIOXIDANT PROTECTION\***

- 240 mg Mixed Tocopherols
- 140 mg Gamma Tocopherol

**60 Softgels**

A Dietary Supplement



**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel 1 to 2 times daily with food.

Alpha-Tocopherol is well-known for its potent antioxidant properties; however, each of the Tocopherols has important and unique activities. Gamma-Tocopherol, the most abundant form of Vitamin E in the diet, is especially important for optimal health, as it is necessary for the proper and complete action of Alpha-Tocopherol. Central to its functions is its capacity to detoxify and help the body to eliminate reactive nitrogen species, an especially destructive form of free radical. This product features a more natural combination of these forms that helps to support the maintenance of cardiovascular health, as well as to promote normal cell growth and reproduction.\*

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, the FDA has determined that this evidence is limited and not conclusive.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.

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V1



## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopherol)	40 IU	133%
Mixed Tocopherols	240 mg	†
<b>Gamma Tocopherol</b>	<b>140 mg</b>	†
Delta Tocopherol	30 mg	†

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water) and Soybean Oil.

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Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.