

TABLET SIZE



Made in the USA
CODE 0660B
V3

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system. Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health. Vitamin C is needed for amino acid metabolism, hormone synthesis, and the utilization of many nutrients, such as folic acid and iron. It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals and reactive oxygen molecules generated during normal metabolism and exposure to environmental stressors. NOW® C-500 Complex is a blend of Acerola and Rose Hips (natural sources of Vitamin C) plus Citrus Bioflavonoids and Rutin which work synergistically to support Vitamin C utilization.*

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 1 to 3 times daily.



C-500

ANTIOXIDANT PROTECTION*

Complex

With Bioflavonoids,
Acerola & Rose Hips

100 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	833%
Citrus Bioflavonoid Complex	100 mg	†
Acerola Powder (<i>Malpighia punicifolia</i>) (Fruit)	100 mg	†
Rose Hips Powder (<i>Rosa canina</i>) (Fruit)	100 mg	†
Rutin Powder (<i>Sophora japonica</i>) (Flower Bud)	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For product information visit www.nowfoods.com/0660

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variations may occur in this product.

Store in a cool, dry place after opening. Please Recycle.