

CAPSULE SIZE

Made in the USA



CODE 0148

V1

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily as needed, preferably on an empty stomach.

L-Theanine is an amino acid naturally found in green tea. L-Theanine promotes relaxation without the drowsiness or negative side effects associated with other calming agents. L-Theanine also supports healthy cardiovascular function through this relaxing effect. This formulation also includes inositol, a member of the B-Vitamin family that is essential for brain and nervous system health.*



Double Strength L-Theanine

STRESS MANAGEMENT

200 mg

- Supports Cardiovascular Function
- Promotes Relaxation*

120 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Theanine	200 mg*
Inositol	100 mg*

* Daily Value not established.

Other ingredients: Vegetable Polysaccharide (capsule), Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For product information visit www.nowfoods.com/0148

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has twice the L-Theanine (200 mg per capsule) as in our regular strength product (100 mg per capsule).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.