

CAPSULE SIZE



Made in the USA
CODE 0145B
V5

Caution: Take with food. For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (including liver disease). Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

L-Theanine also supports healthy cardiovascular function through this relaxing effect.*

L-Theanine is an amino acid naturally found in green tea. L-Theanine promotes relaxation without the drowsiness or negative side effects associated with other calming agents.

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SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily as needed, with food. Do not take this product on an empty stomach; do not exceed recommended dose.

L-Theanine

STRESS MANAGEMENT

100 mg

- Supports Cardiovascular Function
- Promotes Relaxation*

90 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving	
L-Theanine	100 mg*
Decaffeinated Green Tea (<i>Camellia sinensis</i>) (Leaf)	250 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0145

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.