

SUGGESTED USE: As a dietary supplement, take one (1) Licaps™ capsule daily.

Dr. Mercola has been providing quality products since 2001. To see more products, go to products.mercola.com

Do not use if safety seal is broken.



KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

Manufactured for:
Mercola Health Resources,

3200 W. Higgins Rd.
Hoffman Estates, IL 60169
(847) 252-4355
www.mercola.com

10018-v106

Manufactured in the USA

DR. MERCOLA®
PREMIUM SUPPLEMENTS

VITAMIN E

Balanced Blend of Tocopherols & Tocotrienols

200 IU D-Alpha Tocopherol

Made with Sunflower Oil

Contains No Soy

Dietary Supplement

30 Licaps™ Capsules



Supplement Facts

Serving Size: 1 Licaps™ capsule

Servings per Container: 30

Amount Per Serving	%DV*
Vitamin E (as D-Alpha Tocopherol) 200 IU	667%*
Tocopherol Complex Containing: 150 mg	**%
Alpha Tocopherol, Beta Tocopherol Gamma Tocopherol, Delta Tocopherol	
Palm and Rice Tocotrienol Containing: 35 mg	**%
Alpha Tocotrienol, Beta Tocotrienol Gamma Tocotrienol, Delta Tocotrienol	

* (%) Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Vegetable cellulose, Medium Chain Triglycerides