#### **Nutrition Facts**

Serving Size: 2 scoops (40g) Servings Per Container: about 11

Amount Per Serving	
Calories 160	Calories from Fat 20
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 95mg	4%
Potassium 180mg	5%
Total Carbohydrate 15g	5%
Dietary Fiber 9g	36%
Sugars 5g	
Protein 20g	35%
Vitamin A	0%
Vitamin C	0%
Calcium	20%
Iron	4%
* Percent Daily Values are b	ased on a 2,000

Fercent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohy	drate	300g	375g
Dietary Fiber		25g	30g
Protein 2		50g	65g

**SUGGESTED USE**: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken one or two times daily.

**INGREDIENTS:** Whey Protein Concentrate, Digestive Resistant Maltodextrin, Sweet Whey, Organic Nonfat Dry Milk, Natural Flavor, Guar Gum, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Medium Chain Triglycerides, Arabinogalactan.

Dr. Mercola has been providing quality products since 2001. To see more products, go to products.mercola.com

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

**NOTICE**: Use this product as a food supplement only. Do not use for weight reduction.

This product contains dairy and lecithin (derived from sunflower seeds). Manufactured in the same facility as peanut containing products.

#### MANUFACTURED FOR-

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## $DR.\ MERCOL\Lambda^{\!\scriptscriptstyle (\!6\!)}$

PREMIUM SUPPLEMENTS

# **MIRACLE WHEY**

### **Protein Powder**

**Great Tasting Whey Protein Mix From Pasture Fed Cows** 



Net Wt. 11b (454a)