

**Directions:** Stir 1 to 3 scoops with 6–8 ounces of cool water and consume 25–40 minutes before beginning workout. Start low with 1 scoop to assess your tolerance level. RocT is very powerful, so DO NOT EXCEED 3 SCOOPS IN ANY 24 HOUR PERIOD.

**Please shake container prior to mix any ingredients that may have settled during shipping. Store in a cool, dry place.**

**UBERVITA**

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## Supplement Facts

Serving Size 1 scoop

Servings Per Container 45

|                                            | Amount per Serving | % Daily Value |
|--------------------------------------------|--------------------|---------------|
| Proprietary Blend                          | 4433 mg            | †             |
| Creatine Monohydrate                       |                    |               |
| Beta Alanine                               |                    |               |
| L-Citrulline                               |                    |               |
| Malic Acid                                 |                    |               |
| L-Arginine                                 |                    |               |
| Caffeine Anhydrous                         |                    |               |
| Schizandra ( <i>Schizandra chinensis</i> ) |                    |               |

† Daily Value not established

Other Ingredients: Natural Flavor, Sucralose, and Silica.