

Nutrition Facts

Serving Size: 2 scoops (40g)
Servings Per Container: about 11

Amount Per Serving	
Calories 160	Calories from Fat 25
% Daily Value	
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 90mg	4%
Potassium 210mg	6%
Total Carbohydrate 14g	5%
Dietary Fiber 8g	32%
Sugars 5g	
Protein 20g	35%
Vitamin A	0%
Vitaman C	2%
Calcium	20%
Iron	4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

SUGGESTED USE: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached.

INGREDIENTS: Whey Protein Concentrate, Digestive Resistant Maltodextrin, Peanut Flour, Organic Nonfat Dry Milk, Sweet Whey, Guar Gum, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Natural Flavor, Medium Chain Triglycerides, Arabinogalactan.

Dr. Mercola has been providing quality products since 2001.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains peanuts, dairy and lecithin (derived from sunflower seeds).

MANUFACTURED FOR:
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DR. MERCOLA®
PREMIUM SUPPLEMENTS

MIRACLE WHEY

Protein Powder

Great Tasting Whey Protein Mix



Peanut Butter
Naturally Flavored and Colored

Net Wt. 1lb (454g)