

# Cardio Health Program

**DIRECTIONS:** As a dietary supplement, take contents of one pack daily.

## Triple Strength Fish Oil

### Supplement Facts

Serving Size One Gold Softgel Capsule

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2% †

EPA (Eicosapentaenoic Acid) (Omega-3)	647 mg	*
DHA (Docosahexaenoic Acid) (Omega-3)	253 mg	*

† Percent Daily Value based on 2,000 calorie diet.

\* Daily Value not established.

**Other Ingredients:** Fish Body Oil, Gelatin, Glycerin, Vitamin E, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

This product is regularly tested (using AOAC international protocols) for potency and purity by an independent, FDA-registered laboratory and found to be free of detectable levels of mercury, cadmium, lead and PCBs.

## CoQ-10

### Supplement Facts

Serving Size One Green Softgel Capsule

Amount Per Serving	% Daily Value
Coenzyme Q-10 (Natural)	100 mg *

\* Daily Value not established.

**Other Ingredients:** Gelatin, Soybean Oil, Glycerin, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener).

Potency verified by GNC procedure #5012. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

## CardioAid™ Phytosterols

### Supplement Facts

Serving Size Two White Caplets

Amount Per Serving	% Daily Value
CardioAid™ Phytosterols	1600 mg *

\* Daily Value not established.

**Other Ingredients:** Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

**CardioAid™**  
plant sterols

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## MegaNatural®-BP™

### Supplement Facts

Serving Size One Brown Capsule

Amount Per Serving	% Daily Value
MegaNatural®-BP™ Grape Seed Extract	300 mg *

\* Daily Value not established.

**Other Ingredients:** Gelatin.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

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MegaNatural®-BP™

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# Cardio Health Program

## GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

## GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Dairy, Yeast Free.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

For more information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

# Cardio Health Program

May reduce the risk of heart disease\*

## DIETARY SUPPLEMENT

- Lowers LDL (bad) cholesterol\*
- Blocks absorption of cholesterol from food\*
- Maintains normal, healthy blood pressure levels\*
- Supports blood vessel function\*

30 PACKS



## Preventive Nutrition® Cardio Health Program

Preventive Nutrition® Cardio Health Program features clinically studied ingredients that support heart health and may reduce the risk of heart disease.\* These ingredients have been found to reduce cholesterol levels, maintain healthy blood pressure and support blood vessel function.\* Cardio Health Program is packaged in convenient, easy-to-take packs.

## CardioAid™ Phytosterols

Phytosterols are natural compounds that are found in fruits, vegetables and whole grains that help block cholesterol absorption.\* \*Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol may reduce the risk of heart disease. Each daily serving of Preventive Nutrition® Cardio Health Program supplies 1600 mg of CardioAid™ phytosterols.

## MegaNatural®-BP™

Clinically shown to help maintain normal, healthy blood pressure levels already within the normal range, MegaNatural®-BP™ is a superior form of grape seed extract that contains compounds to support a healthy heart.\*

## Omega-3 Fatty Acids

Fish oils naturally provide the heart-healthy omega-3 fatty acids EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid). One capsule features a total of 900 mg of omega-3 fatty acids; 647 mg of EPA and 253 mg of DHA. Omega-3 fatty acids are necessary for heart health as they support normal, healthy cholesterol levels and aid in the maintenance of normal blood pressure.\* Individually, EPA is important for circulatory system health, and DHA provides support for healthy triglyceride levels.\* Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. This high potency fish oil is enteric coated which allows the softgel capsule to break down and absorb in the small intestines to control or reduce fishy burps.

GNC Triple Strength Fish Oil has been manufactured for freshness. We use only the best quality ingredients derived from wild, deep ocean fish.

## Coenzyme Q-10

CoQ-10 helps support heart and blood vessel function.\* It is an antioxidant that is an essential component of your heart's energy producing system. Age can reduce the amount of CoQ-10 in the body.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.