Nutrition Facts

Serving Size: 2 scoops (40g) Servings per Container: about 11

Amount Per Serving		
Calories 160	Calories from Fat 20	
	% Daily Value*	
Total Fat 2g	3%*	
Saturated Fat 1g	5%*	
Trans Fat 0g		
Cholesterol 55mg	20%	
Sodium 80mg	4%	
Potassium 180mg	5%	
Total Carbohydrate 12g	4%*	
Dietary Fiber 6g	24%*	
Sugars 5g		
Protein 20g	35%	
Vitamin A	0%	
Vitamin C	0%	
Calcium	15%	
Iron	4%	
* D		

^{*} Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50a	65a

SUGGESTED USE: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken two to three times daily.

INGREDIENTS: Whey Protein Concentrate, Digestive Resistant Maltodextrin, Sweet Whey, Organic Non-fat Dry Milk, Natural Flavors, Guar Gum, Cinnamon, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Medium Chain Triglycerides, Arabinogalactan.

Dr. Mercola has been providing quality products since 2001. To see more products, go to products.mercola.com Do not use if safety seal is broken.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

This product contains dairy and lecithin (derived from sunflower seeds). Manufactured in the same facility as peanut containing products.

Manufactured for

Mercola Health Resources, LLC 3200 W. Higgins Road Hoffman Estates, IL 60169 (847) 252-4355 www.mercola.com



DR. MERCOLA® PREMIUM SUPPLEMENTS

MIRACLE WHEY

Protein Powder

Great Tasting Whey Protein Mix From Pasture Fed Cows



Maple
Naturally Flavored

Net Wt. 11b (454g)