

Nutrition Facts

Serving Size: 2 scoops (40g)
Servings Per Container: about 11

Amount Per Serving		Calories from Fat 15	
		% Daily Value*	
Total Fat	2g		3%
Saturated Fat	1g		5%
Trans Fat	0g		
Cholesterol	55mg		18%
Sodium	100mg		4%
Potassium	190mg		5%
Total Carbohydrate	15g		5%
Dietary Fiber	9g		36%
Sugars	6g		
Protein	19g		35%
Vitamin A			2%
Vitamin C			0%
Calcium			20%
Iron			4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

SUGGESTED USE: Mix two scoops (40g) with 8oz water or milk until desired consistency is reached. May be taken one or two times daily.

INGREDIENTS: Whey Protein Concentrate, Digestive Resistant Maltodextrin, Sweet Whey, Organic Nonfat Dry Milk, Guar Gum, Blueberry Powder, Sunflower Lecithin, Luo Han Guo Juice Concentrate (For Sweetness), Medium Chain Triglycerides, Natural Flavor, Arabinogalactan.

Dr. Mercola has been providing quality products since 2001. To see more products, go to products.mercola.com

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

This product contains dairy and lecithin (derived from sunflower seeds). Manufactured in the same facility as peanut containing products.

MANUFACTURED FOR:
Mercola Health Resources, LLC
3200 W. Higgins Road
Hoffman Estates, IL 60169
(847) 252-4355 | www.mercola.com



DR. MERCOLA®
PREMIUM SUPPLEMENTS

MIRACLE WHEY

Protein Powder

Great Tasting Whey Protein Mix From Pasture Fed Cows



Blueberry
Naturally Flavored and Colored

Net Wt. 1lb (454g)