



glucosamine chondroitin MSM

raspberry

joint[▼]

mobility[▼]

flexibility[▼]

specialty

60 chewable wafers
dietary supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Wafer

	Amount Per Serving	% Daily Value
Calories	12	
Total Carbohydrates	3 g	1% [†]
Sugars	2 g	*
Protein	0 g	
Sodium	42 mg	2%
Glucosamine HCl	750 mg	*
Chondroitin Sulfate	600 mg	*
MSM (OptiMSM®) (Methylsulfonylmethane)	100 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Fructose, sucrose, xylitol, raspberry powder, citric acid, malic acid, prosweet, stearic acid, magnesium stearate, silicon dioxide.

Contains: Shellfish, Crustacean (lobster, crab, shrimp).

Does not contain: Yeast, Wheat, Gluten, Soy, Dairy, Citrus, Preservatives, Artificial Colors.

DIRECTIONS: As a dietary supplement, chew one (1) wafer twice daily. May be consumed with water.

WARNING: Do not use this product if you are allergic to shellfish or sulfur. Consult your physician prior to use if you are diabetic.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.



OptiMSM® is a registered trademark of Bergstrom Nutrition.

Distributed by:
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit
www.vitaminshoppe.com
or call 1-800-223-1216
for more information
and to reorder.



learn more at
vsquality.net



Item No.
VS-1903
1299558