

**IT'S THE BEST! WITH COENZYME Q10
GINSENG AND GINKGO BILOBA.**

UPTIME taken daily as desired can help replace nutrition which can be lost through stress, dieting, hard work and hard play. Ideal for sports people, seniors, travelers, students, dieters, executives, homemakers and all those with an active lifestyle. Adults take 3 caplets daily, (1 caplet per 50 lbs of body weight), with your favorite beverage for best results. Designed to help naturally increase energy and provide nutrition. **(Enjoy and Share)**

Vegetarian approved



**Vitamins, Minerals, Amino Acids
Enzymes, B-Complex
And Antioxidants!**

60 CAPLETS



Nutritional Fitness Caplets—Perfecting The Power To Achieve!

Supplement Facts

Serving Size: 3 Caplets
Servings Per Container 20

Amount Per 3 Caplets % Daily Value

Vitamin C	900 mg.....	1,500%
Thiamin (vitamin B1).....	1.5 mg.....	100%
Riboflavin (vitamin B2).....	1.7 mg.....	100%
Niacin (niacinamide)	20 mg.....	100%
Vitamin B6 (pyridoxine hcl) ...	2.0 mg.....	100%
Folic Acid	400 mcg.....	100%
Vitamin B12 (cobalamin)	6 mcg.....	100%
Calcium	700 mg	70%
Chromium	10 mcg	8%

Uptime Power Base 750 mg *

Spirulina Blue Green Algae, Wheat Grass, Alfalfa Leaf, Caffeine, Papaya (fruit), Silica, Cayenne (fruit), Siberian Ginseng extract, Echinacea (herb), Ginkgo Biloba extract, Carnitine (tartrate), Coenzyme Q10, Chromium (dinicotinate).

***Daily Value Not Established.**

Other ingredients: Calcium Carbonate, Cellulose, Carob, Vegetable Stearin, Magnesium Stearate.

Distributed by UPTIME/SPORTS/NUTRITION/MEDICAL INDUSTRIES

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Keep out of reach of children. Store in cool, dry place protected from light.