



calcium magnesium zinc

2:1 calcium
to magnesium ratio

mineral
300 tablets
dietary supplement

bones[▼]
teeth[▼]

gluten
free

dairy
free

soy
free

nut
free

actual size



Supplement Facts

Serving Size 3 Tablet

Servings Per Container: 100

	Amount Per Serving	% Daily Value
Calcium (as carbonate, aspartate, citrate)	1500 mg	150%
Magnesium (as oxide, aspartate, gluconate)	750 mg	187%
Zinc (as oxide, aspartate, gluconate)	45 mg	300%

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, aqueous coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide).

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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