

Torrent™: Post-Workout Anabolic Muscle Mass Activator

Torrent™ sets a new standard for post-workout (PWO) nutrition. Though often overlooked, this part of the bodybuilding equation is the most critical aspect in the quest to foster new growth. Properly utilizing this time is vital for inducing overall muscle mass "activation". Torrent's™ formula is designed to maximize the anabolic "window of opportunity" that exists after a hard training session, when muscle protein synthesis can potentially be stimulated for hours. Simultaneously, the rate of protein degradation is also increased.

In the absence of critical macronutrient intake, a bodybuilder's protein balance would remain negative. If you want to build muscle this definitely isn't good. This is where Torrent™ comes into play. It acts quickly and efficiently by supplying your muscles with a powerful cascade of critical nutrients, all in a matter of moments. After a hard workout your muscles are torn down, glycogen is depleted and your body enters a damaging catabolic state. For the bodybuilder, this is a state of red alert.

When consumed immediately post-training, Torrent's™ proprietary blend of muscle "mass activators", including patented ingredients, rush to bring your body back into anabolic "green light" status, quickly repairing damaged muscle fibers while triggering fresh growth. First and foremost, it has super high-efficiency protein. Torrent™ is loaded with hydrolyzed whey protein, which consists of small whey peptides that can be quickly digested and absorbed. Hydrolyzed protein is the quickest digesting protein available.

Torrent™ also contains a specialized Carosulin Matrix™ of carbohydrates that allows for quick glycogen replenishment and the fastest possible absorption of muscle-

rebuilding nutrients. This blend is packed with an optimal ratio of complex carbs from innovative, highly refined waxy maize starch, along with maltodextrin and dextrose. This blend allows for a dramatic boost of anabolic insulin via simple sugars coupled with the nutrient-drawing effects of "high molecular weight" carbohydrates.

Magnesium Creatine Chelate™ is a registered trademark of Albion Labs and is protected under its patents.

Directions: For use as a dietary supplement, take one serving of Torrent™ within 30 minutes of your workout. Mix 3 heaping scoops along with 20 oz. of cold liquid. For best results, consume Torrent™ after each training session.

100% GUARANTEE: All Universal Nutrition products are formulated with the highest quality ingredients available under the strictest controls in our own state-of-the-art facilities. If not satisfied for any reason, return remainder of product and receipt to place of purchase within 30 days for immediate refund or exchange.

Before beginning any program, consult your health care practitioner.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

MADE IN THE USA
Formulated and Manufactured by:
 **Universal
Nutrition**
New Brunswick, NJ 08901
800-USA-6781 • 732-545-3130

Torrent™

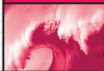
AMA

Osmosulin Advanced
Delivery System

Enhanced with 14g of
Key Aminos & Creatine

Anabolic
Muscle Activator

Cherry Berry Blast



TRIGGER NEW MUSCLE GROWTH

Net Wt. 3.28 Lb. (1.5kg)

Dietary Supplement

Supplement Facts

Serving Size 3 Scoops (~99g)
Servings Per Container 15

Amount Per Serving	%DV
Calories	302
Calories from Fat	14
Total Fat	1.5g 3%
Saturated Fat	1g 2%
Total Carbohydrate	52g 17%
Sugars	26g **
Protein	20g 40%
Calcium	112mg 11%
Sodium	137mg 6%
Potassium	182mg 6%
Torrent Proprietary Blend	18,000mg **
Anti-Catabolic Leucine Complex	8000mg **
L-Leucine	**
Leucine Alpha Ketoglutarate (AKG)	**
Leucine Ethyl Ester	**
N-Acetyl Leucine	**
Volubolic Amino Blend	7000mg **
Taurine	**
Glutamine Alpha Ketoglutarate (AKG)	**
L-Phenylalanine	**
Citrulline Malate	**
Creabolic Complex	3000mg **
Creatine Monohydrate	**
Creatine Ethyl Ester (CEE)	**
Magnesium Creatine Chelate™ (MCC)	**
βi-Methyl Glycine (TMG)	**

** No Daily Value established

* Percent Daily Values based on a 2000 calorie diet.

Other Ingredients: Carosulin Matrix™ (D-glucose, waxy maize, maltodextrin, partially hydrolyzed whey protein concentrate (milk), (providing di-, tri-, oligo- and polypeptides), male acid, artificial flavor, citric acid, sodium chloride, magnesium phosphate, potassium phosphate, sucralose, acesulfame potassium, Red #40 and FD&C Blue #1.