



# mega acidophilus with psyllium

2 billion

digestive health<sup>▼</sup>

specialty  
100 capsules  
dietary supplement

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
<i>Lactobacillus acidophilus</i>	2 Billion CFUs	*
Psyllium ( <i>Plantago ovata</i> )(husk)	35 mg	*

\* Daily Value not established.

**Other ingredients:** Rice flour, gelatin, maltodextrin, magnesium stearate.

**Does not contain:** Yeast, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) to three (3) capsules daily, preferably with meals.

Refrigerate after opening with cap tightly closed to prevent moisture from entering the bottle.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

**Distributed by: Vitamin Shoppe, Inc.**  
**Secaucus, NJ 07094**

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