

SUGGESTED USE:
Take 1-2 caps with water,
1-2 times per day.

6
4
1
3
5
6
1
7
3
7
0
5



WARNINGS:
Keep out of the
reach of children.

Rev. 021100

No Gluten, No Dairy
(Milk or Lactose), No Soy,
No Nuts, No Egg, No Fish
or Shellfish, Suitable for
Vegetarians,
No Artificial Preservatives,
Sweeteners or Colors

Distributed Exclusively by: Palko Services
4991 W. US Hwy 20, Michigan City, IN 46360

WWW.LANATURALS.COM


L.A. Naturals

RAW SINGLE HERB
**MEDICINAL
BOTANICALS**
VEGGIE CAPSULES

100% Vegetarian

FENUGREEK

DIETARY SUPPLEMENT

90 VEGGIE CAPS



PARVE K-1604

Supplement Facts

Serving Size 1 Veggie Cap
Servings Per Container 90

Amount Per Serving

Certified Organic Fenugreek Seed	600 mg *
-------------------------------------	----------

* Daily Value Not Established

OTHER INGREDIENTS:
Modified Vegetable Cellulose

MADE IN THE USA