

Supplement Facts

Serving Size 1 Pack
Serving Per Container 44

Amount Per Pack		
Calories	9	
Calories From Fat	9	
Total Fat	1g	<2%**
Vitamin C (as ascorbic acid)	100mg	167%
Vitamin E (as d-alpha tocopherol)	100mg	333%
Zinc (as zinc picolinate)	15mg	100%
Selenium (as sodium selenite)	70mcg	100%
Manganese (as manganese sulfate)	1mg	50%

Joint Construction Complex

3000mg

Glucosamine (as HCl, sulfate KCl)

Methylsulfonylmethane (MSM)

Chondroitin Sulfate A (CSA)

Chondroitin Sulfate B (CSB)

Joint Lubrication Complex

1000mg

Flaxseed Oil (50% alpha linolenic acid)

Cetyl Myristoleate Proprietary Blend
(Cetyl Myristoleate*, Cetyl Myristate*, Cetyl
Palmitate*, Cetyl Laurate*, Cetyl Palmitoleate*,
Cetyl Oleate*)

Joint Support Complex

1000mg

Ginger Root Extract (gingerols, shogaols)

Turmeric Extract (curcumin)

Boswellia (boswellic acid)

Quercetin

Bromelain

*Daily Value (DV) not established.

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Shark cartilage, carob, gelatin, glycerine, soybean oil, purified water, magnesium stearate, stearic acid. Contains shellfish.

INGREDIENT NOTES: Cetyl Myristoleate is patented by EHP Products (U.S. Patent #5,569,676).

DOSAGE: Unlike regular joint supplements, you only have to take a single daily dose of Animal Flex. Easy. Potent. Effective. Just take a pack of Animal Flex with any meal during the day and you're set—doesn't matter which meal it is. That's it. As a "core" or foundational supplement, use Animal Flex daily—on both training and non-training days. No need to "cycle" it.

PRODUCT NOTES: If you're smart, don't just use Animal Flex when you got a problem. You can and should use to help prevent problems from arising in the first place. Think of Animal Flex as nutritional "insurance", like Animal Pak.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE PROUDLY IN THE U.S.A.
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WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the real needs and desires of professional bodybuilders, Animal has grown prodigiously over the decades. Today, as yesterday, the name Animal stands for trust, integrity and a unique no nonsense approach to the game. Animal also represents a group of products have stood the test of time, proven again and again in the labs, and in the trenches where it counts most... The gym and the stage. Dedicated to serious nutrition for the serious athlete, Animal is your choice when it comes to complete and comprehensive supplementation. Animal. The choice of champions. **WHAT ANIMAL FLEX™ IS** Rock solid. No, we ain't talking about the thick slabs of meat that hang from your frame—those are easy to see, simple to assess. We're talking about your joints, bones, ligaments and other support structures that make lifting possible... The stuff you take for granted, what you can't see but can definitely feel when there's a problem. All too often, lifters focus only on building strength without thinking twice about the underlying support structure. Truth is, you are only as strong as your weakest link. If your weakest link is your joints, then you increase the risk of injury and that means you're out of the game. Now you can't afford that, can you? Didn't think so... **OUR IRONCLAD GUARANTEE:** Animal is dedicated to being the best in the business, no two ways about it. That's why we stand behind every single can we make with our ironclad guarantee. If this product doesn't meet with your tough requirements for any reason, take the remainder along with your receipt back to where you bought it for a full and immediate refund or exchange. No questions asked. It's as simple as that. When it comes to standing behind our products, we don't mess around.