

SUGGESTED USE:

Take 1 or 2 caps, preferably before bedtime for results in the morning. Repeat as needed or as directed by a health care professional.

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WARNINGS:

Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Consult a health care provider prior to use if you are pregnant or nursing. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended dosage. Not for long-term use. Keep out of the reach of children.

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Distributed Exclusively by: Polko Services
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L.A. Naturals

RAW SINGLE HERB
**MEDICINAL
BOTANICALS**

VEGGIE CAPSULES

100% Vegetarian

CASCARA SAGRADA

DIETARY SUPPLEMENT

90 VEGGIE CAPS



K-1604

Supplement Facts

Serving Size 1 Veggie Cap
Servings Per Container 90

Amount Per Serving

Wild Harvested 420 mg *
Cascara Sagrada Bark
(Rhamnus purshiana)

* Daily Value Not Established

OTHER INGREDIENTS:
Modified Vegetable Cellulose

MADE IN THE USA