

Supplement Facts

Serving Size 1 Packet
Servings Per Container 30

Amount Per Serving		%DV
Vitamin C (as ascorbic acid)	60mg	100%
Selenium (as selenium selenate)	100mcg	143%
Foundational Creatine Matrix		
Magnesium Creatine Chelate™ (MCC)	3000mg	*
Tricreatine Malate (TCM)		*
Creatine Ethyl Ester (CEE)		*
NO Blast Complex		
Arginine Alpha-Ketoglutarate (Arginine-AGK)	2000mg	*
Ornithine Alpha-Ketoglutarate (Ornithine-AGK)		*
Citrulline Malate		*
L-Carnosine		*
L-Norvaline		*
Energy Rush Complex*		
Methylxanthine Complex (caffeine, theobromine, theophylline)	500mg	
Evodiamine		*
Antioxidant Complex		
Grapeseed Extract (standardized for 95% OPC)	700mg	*
N-Acetyl Cysteine (NAC)		*
Green Tea Extract (standardized for 60% EGCG)		*
K-R Alpha Lipoic Acid (K-R ALA)		*
Pump Transport Complex		
Taurine	1000mg	*
Ginger Root Extract (gingerols, shaogols)		*
Cinnulin PF™		*
4-Hydroxyisoleucine (20%)		*
Bioperine® (piper nigrum extract standardized for a minimum of 95% piperine alkaloids)		*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Methylxanthine Complex (50% kola nut extract and 22% guarana extract), cinnamon root extract, evodiae fructus extract, fenugreek extract, gelatin, dicalcium phosphate, microcrystalline cellulose, titanium dioxide, stearic acid, magnesium stearate, FD&C Yellow #5 & #6, FD&C Red #40, FD&C Blue #1.

INGREDIENT NOTES: Magnesium Creatine Chelate™ is a registered trademark of Albion Labs and is protected under its patents. Bioperine® is a registered trademark of the Sabinsa Corporation (U.S. Patents #5,536,506, #5,744,161, #5,972,382). Cinnulin PF™ is a registered trademark of Integrity Nutraceuticals International.

DOSAGE: As a “core” or foundational preworkout supplement, take a single pack 30-45 minutes before you lift, preferably on an empty stomach. As each pack also contains your full, daily dose of creatine, take Pump every day for optimal results. On non-training days, you can take the pack around the same time as you would if you were training. You can remove the red capsule (stims) on off days, or if you train at night.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE PROUDLY IN THE U.S.A.
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WHO WE ARE: In 1983, Animal was founded with the birth of Animal Pak, the venerable training “pack” that started it all. Born from the real needs and desires of professional bodybuilders, Animal has grown prodigiously over the decades. Today, as yesterday, the name Animal stands for trust, integrity and a unique no nonsense approach to the game. Animal also represents a group of products have stood the test of time, proven again and again in the labs, and in the trenches where it counts most... The gym and the stage. Dedicated to serious nutrition for the serious athlete, Animal is your choice when it comes to complete and comprehensive supplementation. Animal. The choice of champions. **WHAT ANIMAL PUMP™ IS:** Up the volume with Animal Pump, the “core” pre-workout product for “pumps”. For the bodybuilder, getting the pump is the name of the game, what it’s all about. It’s not just an addictive feeling. Your muscles don’t just feel bigger. They are. A pump signals the start of oxygen and nutrient-rich blood flooding into the muscle, setting the table for new growth. So is your table set? **OUR IRONCLAD GUARANTEE:** Animal is dedicated to being the best in the business, no two ways about it. That’s why we stand behind every single can we make with our ironclad guarantee. If this product doesn’t meet with your tough requirements for any reason, take the remainder along with your receipt back to where you bought it for a full and immediate refund or exchange. No questions asked. It’s as simple as that. When it comes to standing behind our products, we don’t mess around.