

SUGGESTED USE:
Take 1 cap as needed or 30 minutes before bedtime. Repeat if needed, or go to 2 caps.

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WARNINGS:

Do not take during pregnancy. Keep out of the reach of children.

No Gluten, No Dairy (Milk or Lactose), No Nuts, No Egg, No Fish or Shellfish, Suitable for Vegetarians, No Artificial Preservatives, Sweeteners or Colors

Distributed Exclusively by: Palko Services
4991 W. US Hwy 20, Michigan City, IN 46360

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L.A. Naturals

LIQUID EXTRACT FORMULA
**MEDICINAL
BOTANICALS**
POWERFUL EXTRACTS

100% Vegetarian
SLEEP
with Melatonin & Valerian

DIETARY SUPPLEMENT

60 LIQUID VEGGIE CAPS



MADE IN THE USA

Supplement Facts

Serving Size 1 Veggie Cap
Servings Per Container 60

Amount Per Serving 1,000 mg
Herb Weight Equivalence

Proprietary Blend *
Valerian Root +, Hops Strobiles +,
Fresh Skullcap Herb +, Passion
Flower Herb +, Chamomile Flower +,
Fresh California Poppy Herb +

STANDARDIZED
Melatonin 3 mg

* Daily Value Not Established

OTHER INGREDIENTS:

Non -GMO Soy Lecithin, Modified Vegetable
Cellulose, Coconut Oil

+ Certified Organic