



Basic Preventive 3[®]

 **amni[®] original formula**
A Dietary Supplement



Douglas Laboratories[®] 180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as fish liver oil and 60% [15,000 IU] as natural beta-carotene from D. salina)	500%	Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	125%
Vitamin C (as calcium ascorbate and magnesium/potassium aspartate-ascorbate complex)	2,000%	Zinc (as zinc amino acid chelate**)20 mg	133%
Vitamin D3 (from fish liver oil)100 IU	25%	Selenium200 mcg	286%
Vitamin E (as d-alpha tocopheryl succinate)400 IU	1,333%	(as selenium amino acid complex)	
Vitamin K1 (as phytonadione)60 mcg	75%	Copper2 mg	100%
Thiamine (as thiamine mononitrate)100 mg	6,667%	(as copper amino acid chelate**)	
Riboflavin50 mg	2,941%	Manganese20 mg	1,000%
Niacin (as niacinamide and niacin)200 mg	1,000%	(as manganese amino acid chelate**)	
Vitamin B650 mg	2,500%	Chromium200 mcg	167%
(as pyridoxine hydrochloride)		(as chromium polynicotinate***)	
Folic acid800 mcg	200%	Molybdenum150 mcg	200%
Vitamin B12 (as cyanocobalamin on ion exchange resin)100 mcg	1,667%	(as molybdenum amino acid chelate**)	
Biotin300 mcg	100%	Potassium99 mg	3%
Pantothenic acid400 mg	4,000%	(as potassium aspartate-ascorbate complex)	
(as d-calcium pantothenate)			
Calcium (as calcium citrate and calcium ascorbate)500 mg	50%	Choline (as choline bitartrate)150 mg	*
Iron (as iron carbonyl)20 mg	111%	Inositol50 mg	*
Iodine (from kelp)150 mcg	100%	Vanadium (as vanadyl sulfate)39 mcg	*
		Boron (as boron aspartate-citrate)2 mg	*
		para-Aminobenzoic acid50 mg	*
		Citrus bioflavonoids100 mg	*

*Daily Value not established.

Other ingredients: Modified cellulose gum, methylcellulose, silica, cellulose, vegetable stearine, titanium dioxide, magnesium stearate, gum ghatti, natural tangerine flavor and canthaxanthin (carotene color).

Manufactured by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205
www.douglaslabs.com

**U.S. Patent Number 4,599,152 Albion Laboratories

***ChromeMate[®] brand. U.S. Patent Number 4,923,855 InterHealth Co.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs..

Suggested Usage:

As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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