



CLEAN CLEANSE

Vanilla Cleanse Shake

Nutrition Facts			
Serving Size 1 Packet (42 g)			
Amount Per Serving			
Calories 150		Calories from Fat 25	
% Daily Value*			
Total Fat	2.5g	4%	
Saturated Fat	1.5g	8%	
Trans Fat	0g		
Cholesterol	0mg	0%	
Sodium	85mg	4%	
Potassium	350mg	10%	
Total Carbohydrate	14g	5%	
Dietary Fiber	3g	12%	
Sugars	4g		
Protein	20g		
Vitamin A 50% • Vitamin C 150% • Calcium 50%			
Iron 10% • Vitamin D 6% • Vitamin E 170%			
Thiamin 70% • Riboflavin 60% • Niacin 90%			
Vitamin B ₆ 630% • Folate 50% • Vitamin B ₁₂ 250%			
Biotin 25% • Pantothenic Acid 100% • Phosphorus 50%			
Iodine 35% • Magnesium 35% • Zinc 35%			
Copper 25% • Manganese 80% • Chromium 25%			
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

Ingredients: Rice protein concentrate, natural flavors, rice syrup solids, dicalcium phosphate, magnesium citrate, medium chain triglycerides, olive oil, dipotassium phosphate, vitamin and mineral blend (sodium chloride, DL-alpha tocopheryl acetate, ascorbic acid, niacinamide, pyridoxine HCl, zinc sulfate, calcium d-pantothenate, biotin, beta-carotene, retinyl palmitate, manganese sulfate, ferrous sulfate, copper sulfate, riboflavin, thiamin HCl, potassium iodide, folic acid, chromium chloride, and methylcobalamin), silicon dioxide, guar gum, pomegranate whole fruit extract powder, broccoli seed extract powder, and rebaudioside A (*Stevia rebaudiana* leaf extract).

Directions: Blend or briskly stir packet contents into 8 fluid ounces of chilled water, almond milk or rice milk.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

Formulated to Exclude: Wheat, Dairy, Soy, Nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

Storage: Store in a cool, dry place.
Warning: Do not use if pregnant or nursing. Do not use if you are currently experiencing or have a history of a peptic or duodenal ulcer.. Do not use if you are on medications for bipolar disorder, active cancer or have a history with cancer. Consult your physician if you are taking medications, or have a medical condition. Keep out of the reach of children.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Nutritional information is given for both Vanilla and Chocolate Flavor Cleanse Shakes. Please refer to the content information to see what flavors are included in your kit.

Chocolate Cleanse Shake

Nutrition Facts			
Serving Size 1 Packet (44 g)			
Amount Per Serving			
Calories 140		Calories from Fat 25	
% Daily Value*			
Total Fat	2.5g		4%
Saturated Fat	1.5g		8%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	85mg		4%
Potassium	350mg		10%
Total Carbohydrate	11g		4%
Dietary Fiber	2g		8%
Sugars	3g		
Protein	20g		
Vitamin A 50% • Vitamin C 150% • Calcium 50%			
Iron 25% • Vitamin D 6% • Vitamin E 170%			
Thiamin 70% • Riboflavin 60% • Niacin 90%			
Vitamin B ₆ 630% • Folate 50% • Vitamin B ₁₂ 250%			
Biotin 25% • Pantothenic Acid 100% • Phosphorus 50%			
Iodine 35% • Magnesium 35% • Zinc 35%			
Copper 25% • Manganese 80% • Chromium 25%			
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4

Ingredients: Rice protein concentrate, Dutch processed cocoa powder, natural flavors, dicalcium phosphate, rice syrup solids, magnesium citrate, dipotassium phosphate, medium chain triglycerides, olive oil, vitamin and mineral blend (sodium chloride, DL-alpha tocopheryl acetate, ascorbic acid, niacinamide, pyridoxine HCl, zinc sulfate, calcium d-pantothenate, biotin, beta-carotene, retinyl palmitate, manganese sulfate, ferrous sulfate, copper sulfate, riboflavin, thiamin HCl, potassium iodide, folic acid, chromium chloride, and methylcobalamin), guar gum, silicon dioxide, pomegranate whole fruit extract powder, broccoli seed extract powder, rebaudioside A (*Stevia rebaudiana* leaf extract), and sodium chloride.

Directions: Blend or briskly stir packet contents into 8 fluid ounces of chilled water, almond milk or rice milk.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

Formulated to Exclude: Wheat, Dairy, Soy, Nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

Designed & Distributed by: The Clean Program Corp & Alejandro Junger MD
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Cleanse Supplements

Supplement Facts		
Serving Size 1 Packet		
Servings Per Container 63		
Amount Per Serving		% Daily Value
Calcium	100 mg	10%
Phosphorus	77 mg	8%
Phyto Enzyme Complex	202 mg	*
Provides not less than:		
Proteases	3600 PC	*
Amylases	4400 DU	*
Lipases	150 FIP	*
Cellulases	200 CU	*
Coptis (<i>Coptis chinensis</i>) Root & Rhizome 12:1 Extract (containing berberine)	15 mg	*
Oregon Grape (<i>Berberis aquifolium</i>) Root 4:1 Extract	35 mg	*
Berberine HCl†	200 mg	*
A 4:1 Proprietary Extract†† of:	150 mg	*
Coptis (<i>Coptis chinensis</i>) Root & Rhizome, Chinese Skullcap (<i>Scutellaria baicalensis</i>) Root, Phellodendron (<i>Phellodendron chinense</i>) Bark, Ginger (<i>Zingiber officinale</i>) Rhizome, Chinese Licorice (<i>Glycyrrhiza uralensis</i>) Root, Chinese Rhubarb (<i>Rheum officinale</i>) Root & Rhizome		
*Daily Value not established.		

Digestive Enzyme - Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), magnesium citrate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Cleanse Berberine Formula - Other ingredients: Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Directions: Take one packet, three times a day, or as directed by your healthcare practitioner.

Each Packet Contains 1 Digestive tablet (white) and 1 Cleanse Berberine Formula tablet (dark yellow/orange).
Formulated to Exclude: Wheat, Dairy, Soy, Nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

Notice: Do not use if you have or develop diarrhea, loose stools, or abdominal pain because rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if taking medication including cyclosporine, or have a medical condition.

† Berberine from Phellodendron amurense bark extract. †† Equivalent to 600 mg raw, dried, unprocessed herbs.

Cleanse Probiotic

Supplement Facts	
Serving Size 1 Capsule††	
Servings Per Container 63	
Amount Per Serving	
<i>Lactobacillus acidophilus</i> NCFM®	30 billion live organisms†*
*Daily Value not established.	

Other ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, and stearic acid (vegetable). **Formulated to Exclude:** Wheat, Dairy, Soy, Nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

Directions: Take one capsule three times daily or as directed by your healthcare practitioner.
††At date of expiration. †† Capsules are composed of plant-derived ingredients.

A Lifetime of Support: We are here for you before, during, and after your cleanse. Forever.

There's no expiration date on our support.

cleanprogram.com/support

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