



Basic Preventive 2[®]

(Iron and Copper Free)



amni[®] original formula
A Dietary Supplement



Douglas Laboratories[®] 180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving		%DV	Amount Per Serving		%DV
Vitamin A (as fish liver oil and 60% [15,000 IU] as natural beta-carotene from D. salina)	25,000 IU	500%	Zinc (as zinc amino acid chelate**)	20 mg	133%
Vitamin C (as calcium ascorbate and magnesium/potassium aspartate-ascorbate complex)	1,200 mg	2,000%	Selenium (as selenium amino acid complex)	200 mcg	286%
Vitamin D3 (from fish liver oil)	100 IU	25%	Manganese (as manganese amino acid chelate**)	20 mg	1,000%
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1,333%	Chromium (as chromium polynicotinate**)	200 mcg	167%
Vitamin K1 (as phytonadione)	60 mcg	75%	Molybdenum (as molybdenum amino acid chelate**)	150 mcg	200%
Thiamine (as thiamine mononitrate)	100 mg	6,667%	Potassium (as potassium aspartate-ascorbate complex)	99 mg	3%
Riboflavin	50 mg	2,941%			
Niacin (as niacinamide and niacin)	200 mg	1,000%	Choline (as choline bitartrate)	150 mg	*
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,500%	Inositol	50 mg	*
Folic acid	800 mcg	200%	Vanadium (as vanadyl sulfate)	39 mcg	*
Vitamin B12 (as cyanocobalamin on ion exchange resin)	100 mcg	1,667%	Boron (as boron aspartate-citrate)	2 mg	*
Biotin	300 mcg	100%	para-Aminobenzoic acid	50 mg	*
Pantothenic acid (as d-calcium pantothenate)	400 mg	4,000%	Citrus bioflavonoids	100 mg	*
Calcium (as calcium citrate and calcium ascorbate)	500 mg	50%	Raw glandular tissue blend	180 mg	*
Iodine (from kelp)	150 mcg	100%	Thymus 51 mg*, Spleen 51 mg*, Liver 51 mg*, and Adrenal 26 mg*		
Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	500 mg	125%			

Other ingredients: Modified cellulose gum, methylcellulose, silica, cellulose, vegetable stearine, titanium dioxide, magnesium stearate, gum ghatti, natural tangerine flavor and canthaxanthin (carotene color).

Manufactured in the USA by:
Douglas Laboratories
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**U.S. Patent Number 4,599,152 Albion Laboratories
***ChromeMate[®] brand. U.S. Patent Number 4,923,855 InterHealth Co.

Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

Suggested Usage:
As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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