

Directions: For adults, take one (1) tablet daily, at bedtime as Melatonin may produce drowsiness, or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

PROD. NO. 50268

To order please call 1-800-765-6775

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Physio**Logics**®

TRAVEL
SIZE

Melatonin
1 mg

Dietary Supplement
30 Vegetarian Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Melatonin (as n-Acetyl-5-Methoxytryptamine)	1 mg *

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Croscarmellose, Vegetable Magnesium Stearate.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

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