RTD 51:

- Combines fast and slow-digesting proteins for extended muscle support* Loaded with BCAAs and other essential
- aminos from high-quality protein - Excellent source of over 20 vitamins and minerals essential for protein metabolism
- and other metabolic functions* Helps replenish energy*
- Low in fat
- No aspartame

Directions For Adult Use: Drink one to three cans per day to support your daily high protein and calorie needs. To support muscle-building, consume approximately 1 gram of protein per pound of body weight from all dietary sources per day.* For best results, drink 1 can of RTD 51 immediately following your workout to help support muscle recovery.* Limit use to no more than one (1) can in a 4-hour period and no

period. As a reminder, discuss the supplements and medications you take with your health care providers. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or

more than three (3) cans in a 24-hour

prevent any disease. Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Not intended for





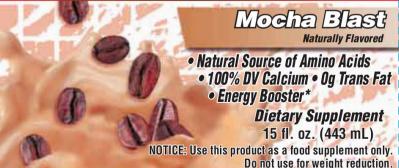


Profein Plus



High Protein Ready-To-Drink Shake

With METAMYOSYN® VPR Protein Blend



Shake Gently • Serve Chilled

Contents Under Pressure; Open Slowly to Reduce Potential Splashing REFRIGERATE AFTER OPENING

Supplement Facts

Serving Size 1 Can (15 fl. oz) (443 mL)

	Amount Per Serving	70Daily Value
Calories	240	
Calories from Fat	15	
Total Fat	1.5 g	2%**
Saturated Fat	1 g	4%**
<i>Trans</i> Fat	0 g	***
Cholesterol	35 mg	11%
Total Carbohydrate	6 g	2%**
Dietary Fiber	2 g	8%**
Sugars	2 g	***
Protein	51 g	102%**
Vitamin A	1,459 IU	29%
Vitamin C	30 mg	50%
Vitamin D	169 IU	42%
Vitamin E	13 IU	42%
Vitamin K	22 mcg	28%
Thiamin	1 mg	71%
Riboflavin	0.89 mg	52%
Niacin	8.9 mg	45%
Vitamin B-6	0.97 mg	49%
Folic Acid	175 mcg	44%
Vitamin B-12	3.89 mcg	65%
Biotin	107 mcg	36%
Pantothenic Acid	5 mg	50%
Calcium	1,000 mg (1 g)	100%
Iron	2.8 mg	15%
Phosphorus	697 mg	70%
lodine	35 mcg	24%
Magnesium	41 mg	10%
Zinc	2.8 mg	19%
Selenium	14 mcg	20%
Copper	0.3 mg	17%
Manganese	0.7 mg	38%
Chromium	29 mcg	24%
Molybdenum	19 mcg	26%
Sodium	170 mg	7%
Potassium	490 mg	14%
Caffeine	200 mg	***

Ingredients: Water. METAMYOSYN® VPR Protein Blend (Milk Protein Concentrate, Calcium Caseinate, Whey Protein Concentrate), Instant Coffee, Cocoa (processed with alkali), Cellulose Gel, Vitamin and Mineral Blend (Tricalcium Phosphate, Sodium Phosphate, Sodium Ascorbate, Sodium Citrate, dl-Alpha Tocopheryl Acetate, Niacinamide, Vitamin A Palmitate, d-Calcium Pantothenate, Ferrous Sulfate, Phytonadione, Manganese Sulfate, Cholecalciferol, Zinc Oxide, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Riboflavin, Copper Sulfate, Cyanocobalamin, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenite), Dipotassium Phosphate, Sucralose, Cellulose Gum, Caffeine Anhydrous. Acesulfame Potassium, Sodium Hydroxide, Carrageenan,

Contains milk ingredients.