

PRODUCT BENEFITS: Melatonin is a natural lipophilic hormone secreted by the pineal gland in the brain, and is classified as an indoleamine. Closely involved in the natural sleep cycle, Melatonin can help support restful sleep patterns.* Studies indicate Melatonin may be appropriate for people experiencing occasional sleeplessness, those with jet lag or those wanting to promote sound, quality sleep.* These positive findings are most likely mediated through Melatonin's involvement with membrane-bound receptors located in the suprachiasmatic nucleus, the pars tuberalis, and other brain regions.*

Directions: For adults, take one (1) capsule at bedtime as Melatonin may produce drowsiness. As a reminder, discuss the supplements and medications you take with your health care providers.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

PROD. NO. 53272

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC
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PhysioLogics®

Melatonin
10 mg

Nutritionally Supports Relaxation
and Sound Sleep*

Clinically Studied Ingredient
Gluten, Wheat & Dairy Free

Dietary Supplement
120 Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Melatonin	10 mg **

**Daily Value not established.

Other Ingredients: Rice Powder, Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, artificial sweetener, preservatives, sugar, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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