SUPER COLON CLEANSE® CAPSULES

SUGGESTED USE: Adults take 4 capsules 2 times daily with at least 10-12 ounces of water, juice or your favorite beverage and drink immediately. Taking this product without enough liquid may cause choking.

Children: (6 yrs to 12 yrs): 1/2 the adult dosage.

Use Super Colon Cleanse® about every 2 months and for no more than 10 days at a time. Suggested use for better results: Super Colon Cleanse® may be used alternatively with our top selling Colon Cleanse® Original. Use Super Colon Cleanse® for a thorough cleansing periodically, followed by Colon Cleanse® Original for maintenance in between.

For individuals who lack sufficient fiber in their diet and to help maintain regularity.*

NOTICE: This product contains Buckthorn and Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Buckthorn and Senna may worsen these conditions and be harmful to your health, Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: This product contains chemicals known to the State of California to cause birth defects or other reproductive harm.

Keep this product out of reach of children. Store below 86°F (30°C).



ESTABLISHED IN 1981

PROMOTES DIGESTIVE HEALTH*

GENERALLY PRODUCES A BOWEL MOVEMENT IN 6TO 12 HOURS

STEP 1 IN A SYSTEM OF 8 BODY CLEANSING PRODUCTS FROM HEALTH PLUS®.

Supplement Facts

Serving Size: 4 Capsules Serving Per Container; 60

Amount Per Serving	%Daily Value	
Calories	5	-
Total Carbohydrates	1 g	<1%**
Dietary Fiber	1 g	4%**
Iron	2 mg	10%
Psyllium Husk Powder	1 g	t
Senna Leaf Powder	562 mg	1
Fennel Seed	90 mg	+
Papaya Leaf	90 mg	1
Peppermint Leaf	76 mg	t
Buckthorn Bark	38 mg	t
Celery Seed	38 mg	t
Barberry Root	38 mg	1
Rose Hips	38 mg	1
Acidophilus	30 mg	t
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** Percent Daily Values are based on a 2000 calorie diet † Daily Value not established

Other Ingredients: Gelatin

Notice: This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:



www.healthplusinc.com

The next step in internal cleansing: While continuing with Super Colon Cleanse, also use the next 7 products in the Total Body Cleansing System:

- Super Liver Cleanse
- Super Kidney Cleanse
- Super Blood Cleanse
- Super Adrenal Cleanse
- Super Heart Cleanse
- Super Joint Cleanse
- Super Prostate Cleanse

COLON CLEANSE MAX Line:

For better results, include SUPER FIBER BLEND, DIGESTI CLEANSE and PROBIOTIC FIBER in your cleansing regimen.

