

PRODUCT BENEFITS: Magnesium is necessary for the anatomical and functional integrity of various subcellular organelles.* It participates in major metabolic pathways, including nucleic acid, protein, carbohydrate and lipid metabolism.* As a cofactor of adenosine triphosphatases, Magnesium ions play a fundamental role in the synthesis, transfer, storage and utilization of energy-rich compounds.*

Directions: For adults, take two (2) tablets daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROD. NO. 50292

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC
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PhysioLogics®

Magnesium Citrate

**Superior Form of Magnesium
for Optimal Absorption
and Bioavailability***

**Dietary Supplement
120 Tablets**

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 60

Amount Per Serving	%Daily Value	
Magnesium (as Magnesium Citrate)	400 mg	100%

Other Ingredients: Cellulose (Plant Origin). **Contains <2% of:** Cellulose Coating, Croscarmellose, Dicalcium Phosphate, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

FREE OF: artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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