

Suggested Use: For adults, take one (1) tablet daily, with a meal, as a dietary supplement, or as directed by a physician.

Warning: If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician. **Note*** Women who are pregnant or may become pregnant are recommended not to exceed 5,000 IU of Vitamin A per day.

For your protection, this container has an outer safety seal.
(Do not accept if missing or broken.)

Best if used by date on bottle. Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: Vegetable Cellulose. Contains <2% of: FD&C Red #40 Lake, Gelatin, Natural Palm Leaf Glaze, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains: Fish (cod, pollock, haddock, hake, cusk, redfish, sole, ~~U.S.~~ flounder).

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342



Dietary Supplement

60 Tablets

Support*

Total Health

Wellness™

Daily

Women's

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin A (as Vitamin A Acetate and 17% as Beta-Carotene)	3,000 IU	60%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as D3 Cholecalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, and d-Calcium Pantothenate)	45 mg	5%

† Daily Value not established.

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