

CREADRENE®

5000MG

SPORT / FITNESS

- ▶ MUSCLE SIZE†
- ▶ STRENGTH†
- ▶ FASTER RECOVERY†

TRIPHASE CREATINE

DIETARY SUPPLEMENT **90** Tablets

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 30

Amount Per Serving	% Daily Value
Creatine Monohydrate	4800mg *
Creatine Phosphate Complex	190mg *
Creatine Pyruvate	10mg *

*Daily Value Not Established

Other Ingredients: Stearic acid, dicalcium phosphate, modified cellulose, croscarmellose sodium, magnesium stearate, silicon dioxide, aqueous coating, microcrystalline cellulose.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

WARNING: KEEP OUT OF REACH OF CHILDREN DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

The equivalent of 1 serving of creatine powder in just 3 convenient tablets... and, from 3 different creatine sources! CREADRENE® triphase is one of the most effective creatine formulations on the market. It allows you to avoid the aggravation of having to mix powder without giving up any of the benefits. Simply take three tablets with a high carbohydrate beverage instead of your typical creatine monohydrate serving (5 grams) and you are ready to go!†

SUGGESTED USE: As a dietary supplement, take three (3) tablets 30 to 45 minutes before and / or after training with 8-12 ounces of juice or high carbohydrate beverage. It may be advisable to take this product in cycles: 4 to 6 weeks on, then 4 to 6 weeks off. Do not exceed 6 tablets per day.

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