

**PRODUCT BENEFITS:** As a natural phytochemical found in Japanese green tea, L-Theanine is a non-essential amino acid that can support the mood centers in the brain.\*

**Directions:** For adults, take one (1) capsule, two to three times daily, preferably with meals or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**PROD. NO. 12882**

To refill please call 1-800-765-6775  
or visit [www.physiologics.com](http://www.physiologics.com)

Carefully Manufactured by PhysioLogics, LLC  
One Nutrition Plaza, Carbondale, IL 62901 U.S.A.



Physio**Logics**®

**L-Theanine**  
100 mg

**Supports Mood Centers  
in the Brain\***

Dietary Supplement  
**60 Capsules**



## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
L-Theanine	100 mg **

\*\*Daily Value not established.

**Other Ingredients:** Cellulose (Plant Origin), Dicalcium Phosphate, Gelatin, Vegetable Magnesium Stearate, Magnesium Silicate, Silica.

**FREE OF:** artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish.

**TAMPER RESISTANT:** Do not use if seal under cap is broken or missing.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a dry place and avoid excessive heat.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Laboratory Tested to Guarantee Quality  
For Health Care Professional Use Only**

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